

Fall 2015

# newsbreak

your community living newsletter

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## A future bigger than the past

### NBACL hosts 58th Annual General Meeting

On September 25<sup>th</sup>, families, NBACL board and staff members and community members gathered in beautiful Miramichi New Brunswick for NBACL's 58<sup>th</sup> Annual General Meeting (AGM).

The theme of this year's AGM was "Strong Voices for Inclusion." NBACL President Dianne Cormier Northrup believes that everyone has a role to play in, "speaking up and speaking out for inclusion for all."

"It is imperative that we continue to share the work of NBACL with communities so that every individual and family is supported to live a good life. Inclusion and full participation of all should be recognized as the foundation of strong communities and something that we expect from our educators, employers, community groups and organizations," she said in an annual report.

"Knowing that there are many who stand with us, gives us the courage as parents and self-advocates and as community members to speak up and speak out for ourselves, our loved ones and our communities."

Prior to the AGM, NBACL program managers met with new board members and shared highlights about the role of each program in building an inclusive New Brunswick. Following this, NBACL hosted an "Information Hour," for Board and community members



Parent, author and blogger, Michael George, who was keynote speaker at the NBACL 58th AGM.

## Message from the President

As we near the final months of 2015, many of us, including our Board of Directors, staff and committee members, are already planning what needs to be accomplished in 2016 to support children and adults with an intellectual disability and their families to live a good life.

This November, families gathered in Fredericton for the Achieving Inclusion Provincial Family Conference on inclusive education. My wish is that families who attended came away with practical tools and information that will allow them to be stronger voices for their sons and daughters. I also hope that meeting other families who have experienced success inspired a vision of possibilities for their children's futures.

One parent who learned from his experiences in supporting his son is parent, author and blogger, Michael George, who credits his son Ben for teaching all of us that, "the future is bigger than the past." Michael was the keynote speaker at this year's Annual General Meeting (AGM), held in the beautiful Miramichi. He delivered a captivating presentation and challenged us to ask ourselves, "What is the most I can do to make a difference?"

During the AGM, we welcomed new members to our Board of Directors. The NBACL Board is comprised of self-advocates, parents, and representatives from various regions throughout New Brunswick. Having diverse voices at the table helps guide our work and enhances our ability to support individuals and families to live a good life. We are thankful for those who volunteer their time, wisdom, talents and experiences to advance our mission for full inclusion for children and adults with an intellectual disability and their families.

In November of 2014, the Government of New Brunswick announced a wage exemption policy for persons with a disability and families. However, there are still many who are unaware of these new changes and therefore, may not be taking advantage of benefits offered through this policy. In this edition of newsbreak, you will find information on how you or a loved one might benefit from wage exemptions, which will allow those eligible to earn more income.

Finding and retaining personal support workers for a loved one can be challenging. NBACL has created a support worker database that contains a list of potential support workers in regions throughout New Brunswick to help simplify the process for people and families. If you are seeking a support worker, or are interested in becoming one, please visit the NBACL website ([www.nbacl.nb.ca](http://www.nbacl.nb.ca)).

This will be our final newsletter for the calendar year. I would like to say a heartfelt thank you to our readers for the role you have played in advancing the cause for the full inclusion and participation of children and adults with an intellectual disability and their families. Thank-you to the families, volunteers, community members, NBACL Board and committee members as well as our wonderful and dedicated staff for changing lives and communities.

Dianne Cormier Northrup

President, NBACL



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**Danny Soucy**  
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#### Contributors:

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Planning and IT Coordinator

**Tammy Gallant,**  
Director of Finance and Office  
Administration

**Jason Carr**  
Director of Strategic Initiatives

## A future bigger than the past (continued...)

The official meeting was held that evening in the historic Miramichi Golf and Country Club, where participants were treated to a keynote presentation by Michael George, parent, author of, "Third Time Lucky: How Ben Shows us the Way," and blogger (3rdtimelucky.com). Michael shared lessons he learned and continues to learn from his adult son, Ben, who has complex disabilities and is currently pursuing a Certificate of General Studies Programme at the University of New Brunswick, where he is taking his 3rd course in Sport and Education Psychology .

*"When Ben came into the world, his so-called completely clean slate was instantly marred with phrases like, "never walk, talk, or go to school" and "has no potential". Seemingly impenetrable barriers were placed in his way from the outset with a singular focus on all of the things he wouldn't be able to do. At the time, we let these limiting views shape our life lens which didn't allow us to see a world beyond these constraints. Over the years, Ben's ability to never give up helped us to become aware that our habits and patterns were restricting his growth and ours ."*

*{Excerpt from 3rdtimelucky.com, Printed with permission from Michael George}*

"Ben showed us that we have to believe in a future that is bigger than the past," he said.

"Instead of asking yourself, 'What is the least I can do to make a change?' ask yourself, 'What is the most I can do?' I guarantee it will change your life."

The evening capped off with a surprise presentation to Executive Director, Krista Carr for 20 years of service to the Community Living Movement.

Lorraine Silliphant, NBACL former Executive Director presented Krista with a plaque and flowers in recognition of her years of service.

"It will be twenty years ago on December 5<sup>th</sup> when Krista joined a very modest office and very small staff as administrative assistant at NBACL," said Lorraine.

"It seems to me that she hasn't changed much over time. When she applied for the position she was a new grad and was looking for a job with lots of prestige. She was an energetic package of potential who saw NBACL as a stepping stone for something bigger. However she didn't move on to bigger and better things she stayed and became Executive Director for the New Brunswick Association for Community Living much to the benefit of the people we support."

"Even then Krista had a strong sense of playground fairness that still serves her so well today. She doesn't accept half measures and says no to unacceptable situations for people and their families and policies that affect them."

"It was Andy Scott who recommended me for the position and I am forever grateful to him for that. But over the course of the work I have done for the Association, the individuals with an intellectual disability and their families, whom I have had the honour to support through this role have given me far, far more than I will have ever given them or will be able to give to them in the rest of my years of service for this organization."

NBACL Executive Director, Krista Carr



NBACL President, Dianne Cormier Northrup (left) and Board Member, Daniel Collette (centre) thank Executive Director Krista Carr (right) for her years of service.

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## A future bigger than the past (continued...)

“It was Andy Scott who recommended me for the position and I am forever grateful to him for that. But over the course of the work I have done for the Association, the individuals with an intellectual disability and their families, whom I have had the honour to support through this role have given me far, far more than I will have ever given them or will be able to give to them in the rest of my years of service for this organization,” said Krista.

“They are my heroes and inspire me every day to get up, work harder and do better to make the world a better place for everybody.” NBACL thanks the Miramichi, particularly the Miramichi Golf and Country Club for their warm hospitality. We look forward to hosting next year’s annual general meeting in Fredericton.

### NBACL Board members for 2015-2016:

- ◆ President, Dianne Cormier Northrup (Parent)
- ◆ Vice President, Moira Wilson (Parent)
- ◆ Self Advocate, Daniel Collette
- ◆ Treasurer, Deidre Green
- ◆ Honorary President, Doug Willms
- ◆ Past President, Joy Bacon
- ◆ Roxanne Tarjan, Regional Representative for Fundy
- ◆ Richard Blaquiere, Community Member
- ◆ Suzanne Desrosiers, Regional Representative for Central NB
- ◆ Andrea Allen, Parent
- ◆ Alex Dingwall, Community Member
- ◆ Kurt Goddard
- ◆ Martine Godbout
- ◆ Normand Robichaud

- ◆ Cheryl LeBlanc
- ◆ Paul Morrison
- ◆ Audrey Ronalds, Regional Representative, Northeastern NB

### Distinguished Associates:

- ◆ Kelly Lamrock
- ◆ Doug MacDonald
- ◆ Jean-Claude Jalbert
- ◆ Lorraine Silliphant

## Did you know about the wage exemption policy for people with disabilities?

Effective October 1, 2014, the Government of New Brunswick increased the amount of money persons with a disability who are currently receiving Extended Benefits from the Department of Social Development can keep from either part-time, full-time or self-employment.

Household Type	Wage Exemption Amounts Before October 1, 2014	Wage Exemption Amounts After October 1, 2014
Single Disabled	\$250 fix portion amount + (30% of the balance of the earnings)	\$500 fix portion amount + (30% of the balance of earnings)
Two person unit (one or both disabled)	\$300 fixed portion + (30% of the balance of the earnings)	\$500 fix portion amount + (30% of the balance of earnings)

According to the Government of New Brunswick website, if you have a disability, the fixed portion of the wage exemption increased from \$250 to \$500 monthly, allowing you to keep 30 per cent of every dollar earned beyond \$500.

For more information about the wage exemption policy and other changes, please visit the Government of New Brunswick website at <http://bit.ly/1LSCCPQ>, or contact NBACL, toll free 1-866-622-2548, or email [nbacl@nbnet.nb.ca](mailto:nbacl@nbnet.nb.ca).

## NBACL was “a lifeboat” for the Dixon family

NBACL’s Family Support program connects families to supports and services that allow them to live an ordinary life. The following letter was written by Kaye Dixon, mother of three incredible children, 20 year old Megan, 17 year old Angela and 13 year old Nathan. Two of her children have an intellectual disability and NBACL has supported the Dixon family for the past 11 years. In a letter, Kaye shares how NBACL was there for her family when she needed “a lifeboat.”

Dear NBACL,

Last September when my husband of 23 years decided to leave our family, my world came crashing down around me. I had \$50 to my name, and as a stay-at-home mom to three beautiful children, two who have significant care needs, I felt as though I was suffocating. After losing both my parents, and now my husband, I was suddenly a single parent. I was alone, scared, and had no idea how to keep a roof over my children’s heads, or how I would manage to feed them, let alone pay the bills that were quickly piling up. I was desperate and had nowhere to turn, I felt like my family was drowning and we couldn’t breathe. I remembered how helpful you had been when supporting Megan over the years, so I reached out. Immediately your staff went to work, securing a rent supplement and easing my fear of homelessness. You were my lifeboat. You also searched high and low and found the perfect home that would meet the unique and complex needs of my children, with a wonderful landlord, Ellen. We just moved to our new home, which is perfect! I am so grateful that our children are able to stay in their same schools with as little change to their routine as possible. It seems like any time a problem comes my way, your staff seems to always have encouraging words and a creative solution. A few months ago, my 2003 van needed major repairs. Our family relies heavily on our vehicle, as one of my daughters needs to go regularly to the IWK hospital in Halifax due to medical needs. The cost to repair the transmission was overwhelming, and I am so thankful that you eased this burden. No matter what comes my way, how suffocating a situation seems, your support allows me to breathe, and your encouragement helps me to see that there is a light at the end of the tunnel. Each day I am faced with new challenges. In the spring when I got a call from my son’s school notifying me that he was going to be losing his accessible transportation for this school year, I started to feel myself crumble. But then I picked up the phone, and called you, and yet again was reminded that you are always there for me, and that you will make sure my children get what they need. Thank you for keeping me from crumbling. Thanks to NBACL, when school started last month I didn’t have to worry about how Nathan was going to get to school.

“Thank you for listening, thank you for helping my family, thank you for being my partner.”

- Kaye Dixon, Parent

We often hear the proverb, “it takes a village to raise a child.” Although my words can’t ever fully express my gratitude, I just want to thank you for being my village. I don’t even want to imagine “what if NBACL didn’t exist...” and every day I am so thankful to have you as my life support. Thank you for listening, thank you for helping my family, thank you for being my partner. I am not through the storm yet, but I know that you are all walking through this season of life with me, and that better days are coming our way.

Sincerely,

Kaye Dixon

NBACL hosts information hours and we welcome you to come and learn about the positive impact of our work directly from those whom we support. If you are interested in attending an information hour, please contact Elizabeth Kearns, [ekearns@nbacl.nb.ca](mailto:ekearns@nbacl.nb.ca), or call (506) 453-4415, outside of Fredericton area, call toll free at 1-866-622-2548.

## The rights of children in childcare

By Kristi Ewart, NBACL Manager of Early Learning and Inclusive Childcare

On November 20<sup>th</sup>, 1989, the United Nations General Assembly adopted the *Convention on the Rights of the Child* (CRC). This treaty is the most comprehensive of its kind in regards to the protection and support of all children, without discrimination. It recognizes that children have a right to be provided with unique care and protection. Canada has recognized this as well and has joined a number of other countries in signing and ratifying the CRC. By doing so, it shows our commitment and recognition of the fundamental human rights of our children. It also demonstrates our dedication in ensuring our children's well-being and healthy development.

It's important to also recognize the rights of children within early learning and childcare. While the CRC does not explicitly discuss the role of childcare in regards to a child's rights, it does examine the responsibility of the state parties in ensuring that children who have working parents have the right to benefit from childcare services (Article 18). Children have the right to quality, inclusive education – one which promotes emotional, social, intellectual, and physical development, as well as the right to relax, play, and experience a diverse range of cultural and artistic activities (Article 31). Early learning and childcare services are meant to provide children with a foundation of inclusive, high quality education and play experiences. Under the *Convention on the Rights of the Child*, all children have this right and cannot be denied based on discrimination of any sort (race, religion, culture, ability, etc). Childcare provides opportunities for children of all cultures, races, and abilities to form friendships and promote acceptance, diversity, inclusion, and respect for human rights. These opportunities and experiences are critical for children to understand their rights as a person, but to also recognize each other's rights. Additionally, early learning and childcare services is often provided during the period of time when disabilities are identified and the recognition of any necessary learning supports occurs.

As parents and early childhood educators, it's important to understand the rights children with disabilities have within their early learning and childcare environment. Article 23(1) of the *Convention on the Rights of the Child* recognizes that children with disabilities "should enjoy a full and decent life, in conditions which ensure dignity, promote self-reliance and facilitate the child's active participation in the community". If children's rights in childcare are not recognized and enforced, everyone stands to lose. Children with disabilities will not be given the opportunity to lead a full and decent life; one that promotes meaningful community participation and friendships. Children without disabilities will be denied opportunities to learn critical life lessons – that every person has a place in society; that diversity needs to be celebrated and considered an asset; that to be scared of differences is unnecessary; and that each person, regardless of age, gender, culture, or ability has the right to be offered the same opportunities and the necessary supports to participate and succeed.

For more information about how NBACL supports in the area of Early Learning and Inclusive Childcare, visit our website at <http://nbacl.nb.ca/supports/early-learning/>.



"Childcare provides opportunities for children of all cultures, races, and abilities to form friendships and promote acceptance, diversity, inclusion, and respect for human rights."

- Kristi Ewart, NBACL Manager of  
Early Learning and Inclusive  
Childcare

## Staff matters

With over 70 staff working around the province doing “whatever it takes for as long as it takes,” NBACL is an ever growing and ever-changing organization! Here are just some of the changes that have taken place on the NBACL team.



**Alecia Thomas, Director of Human Resources** As Director of Human Resources, Alecia is responsible for the management and overall accountability related to the human resources of NBACL. She joined the NBACL team in August.



**Carolann Edwards, Manager of Family Support** Carolann is responsible for managing NBACL’s Provincial Family Support Program, which includes leading a team of three Family Support facilitators. She replaced Elizabeth Kearns who has taken on a new role as NBACL’s Development Coordinator.



**Chantal Pelletier, Early Learning Inclusion Facilitator, Moncton** Chantal provides on-site support and professional learning to provincial, inclusive early learning and childcare environments.



**Danny Soucy, Director of Programs** Danny Soucy joined NBACL in September as Director of Programs. He is replacing Sarah Wagner while she is away on maternity leave. Welcome, Danny and congratulations, Sarah!



**Elizabeth Kearns, Development Coordinator** Elizabeth is responsible for helping to raise awareness about the work of NBACL through our Changing Lives, Changing Communities information hours and events.



**Lexie Hawkes, Supported Living Facilitator, Fredericton** Lexie assists people with an intellectual disability to create inclusion within in their communities. She facilitates the development of personal support networks, helps develop community connections and monitors supported living arrangements.



**Lindsey Gillies, Executive Assistant** Lindsey is responsible for providing support to the Executive Director as well as to NBACL’s volunteer Board and committee members. Lindsey replaced Mary Louise Wood who is relocating to South America.



**Monique Gallant, Employment Coordinator, Miramichi/Neguac** Monique works to facilitate employment opportunities for job seekers with an intellectual disability. Monique also works closely with employers in the community to create a rapport between them and the job seekers. She joined NBACL in June.



**Nicole Marshall, Early Learning Inclusion Facilitator, Fredericton** Nicole provides on-site support and professional learning to provincial, inclusive early learning and childcare environments in the Fredericton region. She joined the NBACL team in October.



**Sydney Allen, Social Inclusion Coordinator, Fredericton** Sydney supports people with an intellectual disability to make community connections and develop personal support networks. She develops supported living arrangements and does research in the area of social policy and social inclusion. She joined NBACL in October.



**Tara Thibeault, Social Inclusion Coordinator, Fredericton** Within the Social Inclusion program, Tara establishes community connections, creates & monitors Supported Living Arrangements, and facilitates Personal Support Networks.



**Tina Lizotte, Community Animator, St. Basile** Tina works with adults with disabilities to identify their life goals, facilitates connections for community opportunities, plans and implements personal support networks, community outreach and partnership development and ensures that families and friends are involved.



**Nathalie Gagnon Transition Facilitator, Moncton** NBACL would like to say farewell to Nathalie Gagnon who has accepted a position as a delegate with the Child and Youth Advocate Office. Thank-you for your contributions and best of luck to you in your new position!

## Meet NBACL ChangeMaker, Jeff White

Five years ago, NBACL launched its first ever multiple-year giving society, the ChangeMaker Society, where people and/or organizations donate \$1000 a year or more for five years. In this edition of Newsbreak, we are profiling ChangeMaker, Jeff White. He was interviewed by Jason Carr, NBACL Director of Strategic Initiatives.

### Can you tell us a little about yourself?

I am a Certified Financial Planner (CFP), having built my practice in Fredericton with Freedom 55 Financial since 2001. Since then I have been offering independent financial advice in the areas of wealth creation and wealth protection for families in Fredericton, the Saint John River Valley and beyond. I strive to assist my clients in achieving a strong financial peace of mind.

I live in Oromocto and have a tremendous support team in my wife Janice and children Jack and Madeline. When not at work, we enjoy spending time at our cottage, golfing and in the outdoors.

### Why did you choose to support NBACL and why is it important to you?

A cornerstone in Financial Planning is the recognition that everyone's economic and life situation is unique. It was through working with a family with a unique situation early in my career that I became aware of NBACL as an organization and their support network in our community.

To see this family receive the resources they needed to help their child thrive in the community was incredibly powerful.

Over the years I have learned as much as I can about the organization and its staff from informal coffee breaks to volunteering at fundraisers to chairing tables at the Changing Lives Changing Communities Luncheon. While I believe the organization's mission is reason enough to become involved, what truly makes NBACL special are the compassionate, caring, knowledgeable and tirelessly working individuals who comprise the NBACL family.

### Why do you feel it is important for others to get to know NBACL and to support the work we do?

NBACL provides government, industry and families with the information to make informed decisions when building inclusive communities. Their network is deep and their reach is wide. We have seen tremendous growth in this area over the years, but we still have a ways to go. There are families who need support who still don't know where to turn.

Each new person or organization that gets to know NBACL and grows to support their mission brings us one step closer to being able to build a truly Inclusive Community.



NBACL ChangeMaker, Jeff White has been involved with NBACL and is a long-time supporter of the Community Living movement.

## Ready, Willing and Able to Work : Increasing employment for people with an intellectual disability

Did you know that 70% of adults with an intellectual disability in New Brunswick are either unemployed or underemployed, while many are ready, willing and able to work? While the statistics seem grim, there is a great effort to change attitudes and increase the employment rate. Thanks to Ready, Willing and Able (RWA), a national initiative by the Canadian Association for Community Living and the Canadian Autism Spectrum Disorders Alliance, engaging employers and raising awareness about the value of hiring people with disabilities has helped to change the hiring practices of Canadian employers.



Ready Willing and Able recognizes that there are several “pillars” that need to be in place to produce and sustain an inclusive and effective labour market. These key elements include:

**Employer Capacity and Confidence** Through RWA, employers are provided with resources and tools through public awareness, peer-to-peer workshops, mentoring, training in inclusive human resource strategies, guides on workplace accommodations and other tools. With increased awareness and access to tools and information, this helps to strengthen inclusive hiring practices.

**Employer-to-Employer Networks** Through RWA, we connect employers to other employers who have transformed their hiring practices. Employer-to-employer networks help engage and inform by connecting with local employer networks, service clubs and professional associations.

**Entrepreneurship and Small Business Development** If traditional employment is not the right fit for a person with an intellectual disability or ASD, we work to identify entrepreneurship opportunities for individuals. Through RWA, we employment and community agencies and provide the necessary expertise, knowledge, resources and support.

**Inclusive Post-secondary Education** According to the RWA website, research shows that post-secondary education and training greatly improves employment outcomes for people with intellectual disabilities or ASD. Through RWA, we are working with post-secondary education and training institutions in New Brunswick to increase opportunities for people with an intellectual disability and ASD to become employed.

**Service System Modernization** In many communities throughout Canada and New Brunswick, sheltered workshops and day programs are the only opportunities available to adults with an intellectual disability seeking employment. We are working to provide support, leadership and strategies to address the gaps in service delivery, policy and practice that contribute to the vast underemployment of people with intellectual disabilities or ASD.

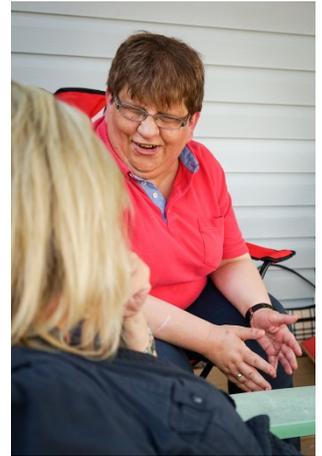
**Youth Transitions to Employment** For many of us, some of the most valuable learning experiences came from our first jobs. Through RWA, we work with employers, community services and educational institutions to build partnerships and community capacity to support youth with intellectual disabilities or ASD to make the transition from high school to employment. This includes transition planning, work placements, and mentoring for employment.

All of these components work simultaneously to increase the capacity for employment success. If you are an employer interested in learning more about RWA, contact Jon Lister, Director of Labour Market Facilitation at 506-453-4400, email [jlister@nbacl.nb.ca](mailto:jlister@nbacl.nb.ca), or visit the Ready, Willing and Able website at <http://readywillingable.ca/>.

## Did you know about our support worker database?

Often times, people with an intellectual disability require support to live in a home of their own and many prefer to hire private personal support workers, rather than go through an agency. Having a successful relationship between the person we support and the support worker means finding the right fit. The support worker database captures information on potential support workers, so what when a need arises, we can match the right support worker. Having a pool of potential support workers from which to choose increases the chances that the individual and family will find the right person for them.

The NBACL private, personal support worker database holds support worker information including their contact information, schedule and region. When a person supported by NBACL requires support, they can contact us and inquire if anyone has applied through the database within their region. Support workers in the database would be considered as casual or back-up workers. Once a candidate has successfully interviewed for the position, he or she will be placed in the private, personal support worker database and then will be contacted in the event that there is a vacancy. Applicants will be entered into the database upon the successful completion of the hiring and interview process as well as the successful completion of: valid criminal record; valid vulnerable sector check; and valid Prior Contact check.



If you are interested in becoming a personal support worker for a person with an intellectual disability, you can apply anytime via the NBACL website at: <http://bit.ly/1Z44EP>.

*\*\*\*Please note that in sending your resume you agree to have your name and personal information included and stored in a NBACL database of potential support workers. You will be able to request to have your name and personal information removed at any time. You may be contacted for an interview when individuals (supported through an NBACL program) identify a need for a support worker. Decisions about the hiring of support workers rest with the individual requiring support and/or their family. If you are selected, you will not be an employee of NBACL or the Department of Social Development. In your role of support worker you will be considered self-employed and will be responsible for making any remittances (e.g., income tax, CPP premiums) required by law.\*\*\**

## National Inclusive Education Awards call for nominations

The Canadian Association for Community Living is issuing a call for nominations for the National Inclusive Education Awards.

The awards are presented to a person or team who has made a positive and significant contribution to inclusive education within the early learning, public school system and in post-secondary schools in their province or territory. The awards presentations are part of the activities planned for National Inclusive Education Month, which will be held in February 2016.

Inclusive education is about how we develop and design our learning environments - schools, classrooms, programs and activities - so that all students learn and participate together. It is based on the firm belief, and on real experience, that all students have value and can best learn in regular classrooms alongside students their own age. Inclusion means that our schools help develop positive relationships and mutual respect between all students.



Inclusive Education Award Nominations are due December 18th.

The NBACL awards committee will select winners (Francophone and Anglophone) from New Brunswick.

Nomination forms must be submitted to the NBACL in care of Shana (Soucy) Woodill no later than December 18<sup>th</sup>, 2015, at 5:00PM.

## NBACL Changemaker Society

NBACL would like to extend a special “Thank You!” to our ChangeMaker Society members. For the past few years the following people have made significant contributions in support of the work we do for children and adults with an intellectual disability and their families:

David & Rhonda Alward  
Joy Bacon  
Base Engineering Inc.  
Business Bridge (Brad and Colette Wasson)  
Cannon’s Cross Pub  
Krista & Jody Carr  
Ed Carten Realty (1998) Ltd. & Francine Comeau  
Elaine Colter  
Claude Francoeur  
Fredericton Inn  
Freedom 55  
Tammy & Terry Gallant  
Gardiner Realty Ltd. (Lincoln Thompson)  
Jim Gilbert’s Wheels & Deals  
Hatheway Family Foundation  
Teresa Hatto  
Eugene Hill  
Troy & Elizabeth Kearns  
Joanne Kraftcheck  
Doug MacDonald  
Dixie Mitchell  
Karen MacDonald  
Paul Mansz  
NB Nurses Union  
New Brunswick Union of Public and Private Employees

New Brunswick Branches of United Rentals  
Northumberland Dairies  
Debbie Northrup  
Jack & Ann Passmore  
Gordon Porter  
Barbara Ramsay  
Ken Pike  
Rob Ricketts, Fredericton Volkswagen  
Scotiabank  
The Scott Family  
Ann Sherman  
Value Village  
Maynard & Betty Shore  
Lorraine Silliphant  
Snooty Fox  
Danny and Jacinthe Soucy  
Gary Waite & Kate Hayward  
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Jeff White  
Doug Willms & Ann Manual  
Moira Wilson  
McInnes Cooper  
Krista Yates  
And three anonymous donors

## Thank-you to our lead donors!





## Tell Us What You Think!

The *Newsbreak* newsletter is *your* newsletter and we want to know what you think! We are always looking for ways to improve, so tell us what stories or information you would like to see or ways we can enhance your reading experience. Of course, we are always looking for great stories and photos; feel free to send us your own news!

Contact:

Christy McLean, Manager of Communications

Email: [cmclean@nbacl.nb.ca](mailto:cmclean@nbacl.nb.ca)

Tel: 1-506-453-4404

Toll Free: 1-866-622-2548

## Join Us On Facebook and Twitter!

Help spread the word about our work by *liking* and *sharing* our Facebook page (<https://www.facebook.com/nbacl>). We're also on Twitter: [twitter.com/NBACL](https://twitter.com/NBACL)



### We don't want to lose you!

The Canadian government has introduced new anti-spam legislation which comes into effect July 1, 2014. This law regulates the distribution of all commercial electronic messages within Canada.

Due to this new legislation, the New Brunswick Association for Community Living (NBACL) requires your expressed consent in order to continue sending electronic communications (emails) to you. This includes our Newsletters, information about our activities, programs, support work and events.

You may have received this message by email, because you are a subscriber to our newsletter, *Newsbreak*, or on our email list. However, if you did not receive this message electronically and you wish to continue receiving NBACL's newsletter and/or updates via email, please visit the following website: [https://www.surveymonkey.com/s/I\\_Consent](https://www.surveymonkey.com/s/I_Consent) and click the **I Consent** link.

## Help us save our resources, and the environment!

If you would like to receive *Newsbreak* electronically please email us at [nbacl@nbnet.nb.ca](mailto:nbacl@nbnet.nb.ca).



NBACL/ANBIC is a provincial non-profit organization that has been supporting people with intellectual disabilities and their families since 1957. NBACL works to ensure that people with intellectual disabilities have the supports they need to live meaningful lives and participate in their communities as valued and contributing members.

